



137,5 km



PHYSICAL  
HANDICAP  
medium-high



TECHNICAL  
HANDICAP  
medium-high



4092 m



2 d



520 m



0 m

## BTT

# TRACKS ESCAPADA COSTA BRAVA

### Price

From € 130 (Person / double room)

### Departure

Centre Biker Girona

### Arrival

Centre Biker Girona

### Accommodation

Hotel in Llafranc or Calella de Palafrugell. Check for availability and season.

From the inner to the coast, from Girona to the Costa Brava. A route to round trip in two days to pedal in Les Gavarres, discover part of the Costa Brava and some charming corners of Girona province.

This itinerary will make you pedal, it will make you enjoy but specially you will disconnect for 2 days.

The gastronomy of this area and its accommodations will make you taste and rest as you deserve.

Are you on board?





## STAGE 1.

71.50 km > 2277 m + vertical drop

Les Gavarres will accompany us all the way to the Costa Brava. From Girona departure, we will integrate the landscapes model that we will find along the way, from privilege viewpoints such as El Balcó de les Bruixes where we will see part of the Girona province, l'Empordà and the Costa Brava. We will cross the Daró river until we reach Sant Cebrià de Lladó. We will approach Els Metges to continue the road until we reach the capital of Baix Empordà, La Bisbal de l'Empordà. The road continues to get closer to our destination, passing through by the Romanesque church of Santa Coloma de Fitor and, from this point, our descent will begin until we reach Palafrugell, where we will climb to Sant Sebastià Lighthouse with spectacular Costa Brava views. Throughout the descent until we reach Calella de Palafrugell, we will realize that all the accumulated kilometers have been worth it with the arrival at one of the most charming maritime towns in the Mediterranean Sea.

## STAGE 2.

66 km > 1818 m + vertical drop

The second day route begins along the Costa Brava, where we can see beaches and coves such as Castell and S'Alguer, places with all the essence of the Costa Brava, until we reach the fishing town of Palamós. It's time to go back to Girona with recharged charged batteries and go through the Massís de Les Gavarres again. A route perpendicular to the one the day before, with different landscapes and adventures. The Puig d'Arques indicates the highest point of the whole itinerary. We will pass near Santa Pellaia and take the approach to Girona with the climb to Santuari dels Àngels, a point to rest and appreciate the views that await us and observe the entire route made today. It is time to descend and arrive again in the immortal city of Girona.



## INCLUDED SERVICES

- 1 night accommodation with breakfast (Double Room)
- 2 days of self-guided route
- Luggage service among accommodations
- Accident and assistance insurance

## OPTIONAL SERVICES

- Meals on the road
- Dinner in accommodation
- Extra activities
- BTT or E-bike rental
- GPS device rental