



93 km



PHYSICAL
HANDICAP
medium-slow



TECHNICAL
HANDICAP
slow



673 m



2 d



151 m



0 m

BTT/EBIKE

WINE ROUTE D.O. EMPORDÀ SLOW

Price

From € 195 / person + € 10.00 accident and assistance insurance.

Meeting point

Centre Biker Girona

Departure

Empuriabrava

Arrival

Empuriabrava



Route D.O. Empordà Slow is a perfect getaway to discover the cultural, gastronomic and landscape heritage of the Alt Empordà wine region. An easy-to-navigate area that allows you to cycle through towns where good wines and local products will make you disconnect during 2 days.

Route D.O. Empordà is an easy route to combine cycling and visiting the Alt Empordà wine region. Two days of route with 2 options of difficulty, SLOW or HIGH. The 2 options follow the main wine-producing towns in the area, with visits and tastings passing through the wineries selected to do the tasting. Mix sport and pleasure!



DESCRIPTION

ITINERARY

Day 1. 40.50 km and 271 m vertical drop. Visit the Aiguamolls de L'Empordà, the second largest wetland in Catalonia. Discover its towns with a heritage and cultural interest that will accompany you throughout the tour.

Day 2. 52.50 km and 432 m vertical drop. Enjoy the oldest wine region in the Mediterranean. A journey through the land of Dalí and Josep Pla, to discover the day-to-day life of the people who make D.O. Empordà. An exceptional experience around wine, culture and gastronomy, with great ambassadors as the Roca brothers.

ACCOMMODATIONS

- 1 hotel night in Capmany or surroundings. According to availability.
- Breakfast included. Price in double room. Check for single use supplement.

HIGHLIGHTS

Empuriabrava, Aiguamolls of l'Empordà, Castelló d'Empúries, Vilanova de la Muga, Peralada, Vilarnadal, Capmany, Masarac, Sant Climent Sescebes, Espolla, Rabós, Garriguella, Vilajuïga, Pau, Palau Saverdera and Empuriabrava.



INCLUDED SERVICES

- Tracks of the route to download in .gpx or trk format - 2 days - Self-guided route.
- Briefing at the beginning of the route.
- Information about the area and places of interest.
- 1 hotel night in Cantallops or surroundings. According to availability. Breakfast included. In double room. Check for single use supplement.
- 2 visits and tasting of DO Empordà wineries along the route, accompanied by a tasting with local products from the area.
- Luggage service along the route and pick up of products purchased in the visited wineries.

OPTIONAL SERVICES

- Mountain bike or e-bike rental.
- GPS device rental.
- Transfer to the beginning and end of the route.
- Reservation service for extra accommodation the night before. In Girona or starting point.
- Reservation service for restaurants and gastronomic activities along the route.
- Guide service with specialized guide. Rates of ½ day or full day.
- Contracting service for extra activities along the route.