



105 km



PHYSICAL  
HANDICAP  
medium



TECHNICAL  
HANDICAP  
medium



1364 m



2 d



702 m



0 m

## BTT/EBIKE

# WINE ROUTE D.O. EMPORDÀ HIGH

### Price

From € 195 / person + € 10.00 insurance accidents and compulsory attendance.

### Meeting Point

Centre Biker Girona

### Departure

Empuriabrava

### Arrival

Empuriabrava



Wine Route D.O.\* Empordà High is a perfect getaway to discovering the cultural heritage, gastronomy and the landscape of the Alt Empordà territory. An easy-to-navigate area that allows you move by bicycle through the towns where good wines and local products will allow disconnect for 2 days. Wine Route DO. Empordà is an easy route for combine cycling and a visit to the Altr Empordà wine area. Two days of route with 2 difficulty options, SLOW or HIGH. The 2 options follow the main wine towns in the area, with visits and tastings at the wineries selected to do the tasting. This option continues with a medium difficulty itinerary with the visit to the Requesens Castle and the descent through the Albera Massif towards the Empordà Valley. Mix sport and pleasure!

\*Qualified Designation of Origin



## DESCRIPTION

### TRIP ITINERARY

**Day 1. 43 km & 316 m vertical drop. Visit the Aiguamolls de L'Empordà, the second largest wetland in Catalonia.** Discover its towns with a heritage and cultural interest that will accompany you throughout the tour.

**Day 2. 62 km and 1048 m vertical drop. Enjoy the oldest wine region in the Mediterranean.** A journey through the land of Dalí and Josep Pla, to discover the day-to-day life of the people who make D.O. Empordà. An exceptional experience around wine, culture and gastronomy, with great exponents such as the Roca brothers.

### ACCOMODATION

- 1 Hotel night in Cantallops or surroundings under availability.
- Breakfast included. Price in double room.

### HIGHLIGHT SPOTS

Empuriabrava, Aiguamolls de l'Empordà, Castelló d'Empúries, Vilanova de la Muga, Peralada, Vilar-nadal, Capmany, Cantallops, Castell de Requesens, Paratge Natural de l'Albera, Espolla, Rabós, Garriguella, Vilajuïga, Pau, Palau-Saverdera, Aiguamolls de l'Empordà and Empuriabrava.



### INCLUDED SERVICES

- Tracks of the route to download in .gpx or trk format - 2 days - Self-guided route.
- Briefing at the beginning of the route.
- Information about the area and places of interest.
- 1 hotel night in Cantallops or surroundings. According to availability. Breakfast included. In double room. Check for single supplement.
- 2 visits and tasting of D.O. Empordà wineries along the way, accompanied by a tasting with local products from the area.
- Transfer of luggage along the route and collection of products purchased in the visited warehouses.

### OPTIONAL SERVICES

- Mountain bike or e-bike rental.
- GPS device rental.
- Transfer to the beginning and end of the route.
- Reservation service for extra accommodation the night before. In Girona or starting point.
- Reservation service for restaurants and gastronomic activities along the route.
- Guide service with specialized guide. Rates of ½ day or full day.
- Contracting service for extra activities along the route.