





PACK CYCLING&PICNIC

EXPERIENCE IN GIRONA

Price

Picnic option € 39.00 Lunch option € 49.00

Departure / Arrival

Centre Biker Girona

• ROUTES TO CHOOSE

- Monumental Girona
- Water Route
- \cdot Vies Verdes Carrilet I / II
- Les Guilleries Tour
- Climb to Rocacorba
- Medieval Girona
- •The Classical Medieval Girona
- The Historical Girona Road
- The Epical Girona
 Roa
- MTB, Urban MTB MTB, Urban Road MTB, Road, E-bike MTB, Road Road





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INCLUDED SERVICES

- \cdot Bicycle rental for 1 day
- Explanation of the itinerary of the chosen route.
- Helmet and food.

NOT INCLUDED SERVICES

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• Accidents and assistance insurance.



PICNIC OPTION

• Full picnic: starter, sandwich, fruit and drink.

LUNCH OPTION

- \cdot Food to choose
- Federal Cafè australian Lunch in Girona
- Full breakfast at Rocacorba Foodtruck
- · Climb to the Rocacorba mountain (mornings, weekends and holidays)
- · Can Sidro daily menu, Osor (Traditional cuisine in Les Guilleries, Les Guilleries route tour)
- \cdot To choose among other restaurants in the area.

OPTIONAL SERVICES

- One way or Round trip transfers.
- GPS device rental (price € 10.00 person / day)
- \cdot Coach-guide* who will guide you with all the explanations along the route



EXTRA ACTIVITIES

PACK CYCLING & RELAX EXPERIENCE

AQVABANYS ROMANS. € 37.00

- 90 min. relaxation in this urban spa, focus on strike the balance.
- Thermal bath circuit through three water rooms with different temperatures
- Steam bath / Hamman
- Salt sauna
- \cdot Tea services in the relax room and several massages as optional.
- · Consult additional treatments (under prior reservation)

PACK CYCLING & GASTRO EXPERIENCE

GIRONA FOOD TOURS. TAPAS & WINE BY NIGHT TOUR. € 79.00

Route of 3 hours approx. through the city center where you can taste the gastronomic specialties of our land. A historical tour around medieval Girona, the Jewis quarter, cathedral and other Girona city highlights. INCLUDES:

- · Ham Session where you can receive a lesson on the different types of ham and learn how to cut it
- \cdot Demonstration and tasting of ham with tomato bread and a glass of cava
- Tasting of anchovies from L'Escala
- · Tasting of 2 traditional cheeses, olive oil and artisan jam
- \cdot DO Empordà wine
- · Tasting of typical tapas in a restaurant in the center
- \cdot Visit and tasting at the Rocambolesc ice cream parlor of the Roca brothers

OTHER EXPERIENCES

TASTING IN RESTAURANTS IN THE AREA

- Dinner in a restaurant with healthy food and typical products of the area.
- Variety of restaurants with exclusive menu for the cyclist lovers.

ADVENTURE ACTIVITIES IN GIRONA *

- Via ferratas, canyoning, water trekking, balloon rides, etc.
- Adventure activities that you can enjoy after the bike route.

WINE AND LOCAL PRODUCTS TASTING

 You can choose to visit / taste the wineries directly and get to know the vine and its production firsthand, or from Girona city in the hands of specialists in the sector, all accompanied by a tasting of local products.

ACTIVITIES WITH KAYAK ON THE TER RIVER

Initiation, tour of the river section, Susqueda reservoir.